



Team Building

Aims

To provide all members of the team with an opportunity to explore and develop their individual and collective contributions and responsibilities within their team.

Objectives

By the end of this course you will be able to

- Understand the dynamics of team work - the individual and collective responsibilities
- Explore and understand the different roles within a team
- Identify and experiment with different roles and attitudes that impact on team effectiveness
- Understand the need for direction and compliance
- Effectively communicate and contribute within a team
- Examine the team's approach to problem solving and consensus decision making
- Identify your colleagues as individuals and as team members

Who Should Attend

All team members.

Course Content

- Exploring individual perceptions of a team
- Honesty & Dishonesty
- Trust Exercise
- Examining how the team sees each other
- Understanding each other
- Course values
- Activities
- Examining Team Roles
- Learning Points

Duration

1 or 2 day course